

# 2026

## SAT-7 PRAYER CALENDAR May



“ I am grateful to you for standing by me.

Jalal,  
Syria



### Friday, May 1

“ More than ever before, we in Iran need prayers of our worldwide brothers and sisters in Christ. **Iran**

### Saturday, May 2

“ If God is good, why doesn't He stop the killings? Help me know the answer. **Afghanistan**

### Sunday, May 3

Ask that the internet will work consistently for Iranians to connect with each other and to access a free press.

### Monday, May 4

Give thanks for a huge response to a social media prayer initiative started by the SAT-7 ARABIC digital team.

### Tuesday, May 5

Ask for wisdom for all national leaders involved in middle eastern negotiations or warfare.

### Wednesday, May 6

Give thanks for *Standing in the Gap*, the SAT-7 PARS daily online program sharing support through Scripture and prayers.

### Thursday, May 7

Thank God for the prayers running continuously across the bottom of SAT-7 screens to give viewers hope.

### Friday, May 8

“ Give thanks SAT-7 helps me learn to forgive my ex-husband. I no longer have nightmares or bitterness. **Türkiye**

### Saturday, May 9

“ I'm not scared because Jesus is with us. Help my friends who are so scared. **A Child in Lebanon**

### Sunday, May 10

Ask that *Quality Time* (SAT-7 ARABIC) will help draw youth closer to God.

### Monday, May 11

Pray for courage and protection for SAT-7 staff in Lebanon as they work amid violence in their country.

### Tuesday, May 12

Thank God for the SAT-7 PARS social media program *Is It God's Fault?*, letting people ask questions they have been taught are taboo.

### Wednesday, May 13

Ask that SAT-7 TÜRK's social media program *Encouragement Hour* will help viewers handle life's daily challenges.

### Thursday, May 14

Thank the Lord that SAT-7's Viewer Support Team had over 75,000 one-on-one conversations with viewers in the past year.

### Friday, May 15

“ We had to leave home to escape people who wanted to kill our family. Now another country will accept us. Praise God He is opening the way for a new ministry in a new country. **Tajikistan**

### Saturday, May 16

“ Civil war has been going on three years. Pray we can live together in peace in our country. **Sudan**

### Sunday, May 17

Pray for developing partnerships between SAT-7 and churches of the Gulf states.

### Monday, May 18

Seek God's continuing guidance for the Viewer Support Team as they introduce inquirers to the Savior.

### Tuesday, May 19

Ask the Holy Spirit to open a way forward to freedom, justice, and peace in the Middle East.

### Wednesday, May 20

Numerous SAT-7 viewers experience explosive anger and panic attacks as they see continuing injustice and violence. Ask God to heal their emotions.

### Thursday, May 21

SAT-7 KIDS made a song from an Egyptian child's prayer for peace. Pray it encourages thousands of other children.

### Friday, May 22

“ You prayed, and evil spirits left with a strange sound. I feel God is love. Praise Him. **Iran**

### Saturday, May 23

“ I am a widow alone among the explosions and shrapnel, but thank Jesus that He is present and kind. **Jordan**

### Sunday, May 24

Ask that the songs taught on SAT-7 KIDS will strengthen the children throughout their lives.

### Monday, May 25

#### Memorial Day

Honor those who have given their life for others to have freedom.

### Tuesday, May 26

Ask that the new SAT-7 PARS program *Greatest Bible Characters* will inspire viewers to develop godly character traits.

### Wednesday, May 27

Seek food, safe water, and medicine for Christians and other innocent people struggling in the Holy Land.

### Thursday, May 28

“God is our refuge and strength, an ever-present help in trouble” (Psalm 46:1). Ask that SAT-7's message of God's presence will encourage struggling viewers.

### Friday, May 29

“ Join me in praying for the prisoners awaiting execution, that each will be rescued and experience freedom in Christ. **Iran**

### Saturday, May 30

“ My family had to evacuate our home suddenly. We don't know if we can ever return. Ask God to provide for us. **Lebanon**

### Sunday, May 31

Praise God for SAT-7's ministry that began 30 years ago today.